President’s Message

Happy New Year! I hope you all had a wonderful year in 2007. After the warm weather we had this fall, it will be interesting to see if old man winter will prevail this year. Though many people cringe at the thought of snow, I look forward to the beauty a fresh snowfall brings to the drab winter landscape.

The bounty of birds is noticeably down during the winter months. Many birds fly south, including almost all the insect eating birds. Our wintering birds survive by adapting to the available food. Waxwings, Robins, and Mockingbirds can often be seen feasting on trees and shrubs that produce various types of berries. Nuthatches scour the crevices of bark in search of insect eggs as they make their way down tree trunks head first. Woodpeckers hammer away on trees and branches to fish out insects sleeping away the winter.

If you’re brave enough to endure the cold and wind you can head to the coast during the winter months. Many birders head to Provincetown’s McMillan Wharf. This can be a productive spot and often affords close views of birds swimming near the wharf, even underneith it. A few years ago I recall watching a Dovkie diving in the water about twenty feet away. It was so close I could see the drops of water running off its feathers every time it surfaced.

Race Point in Provincetown is another excellent winter birding hotspot. Bundle up for the cold and watch for flushing flocks of Snow Buntings as you hike from the parking lot out to the point. You may be rewarded with decent views of Common and Red-throated Loons, possibly a Pacific Looon, Black-legged Kittiwakes, Common and Thick-billed Murres, Razorbills, Black Guillemots, and several species of wintering sea ducks.

If you prefer indoor bird watching during the cold winter months, you can record your yard birds on the club’s Backyard Feeder Census form. If you do not have a copy you can obtain one from the club’s website at www.massbird.org/ccbc. During a snowstorm our feathered friends can always use some help, as much of their natural food supply is low or completely covered up. Keep your feeders full and watch while your yard becomes bird central.

As early as the middle of February the magic moment begins to happen. Our winter resident birds begin to sing. Chickadees will whistle their “phoebe” song, Red-breasted Nuthatches will honk like a tiny horn, Tmitice will screech “Peter, Peter, Peter,” and Woodpeckers will hammer their hearts out on any surface they can get their beaks on. They sure seem to love my chimney cap! Once again it will feel like spring and by March American Woodcocks will begin their display flights. These funny looking woodland loving shorebirds are a must see. These birds can be found in almost any open area such as a grassy field or a lot with small trees. At dusk they emerge from the woods and land out in a field. They then begin a remarkable vocal display that involves a distinctive “peenting” sound. If you can get close enough to one you may hear a grunting sound too. They hop around on the ground and then launch themselves into the sky while their wing feathers create a twittering sound. They spiral high and usually out of sight before zigzagging back to the ground, “chirping” along the way. Once they land they start the process again. They continue until it’s completely dark. I’ve heard that during a full moon they may continue their displays throughout the night. If you have never witnessed this incredible sight, please join us on one of our club Woodcock walks. Beginning birders are always welcome.

I hope all of you have an excellent year in 2008, one that is filled with much happiness, good health, and many great birds!

Mary Keleher
The Cape Cod Bird Club, Inc.

is an organization whose members are interested in the protection and conservation of the bird life and natural resources of Cape Cod.

If you are interested in joining, please send a check for $15.00 (single) or $22.00 (family) to:

CCBC, Cape Cod Museum of Natural History
869 Rte 6A, Brewster, MA 02631

Website: http://www.massbird.org/CCBC

Officers
Mary Keleher President
Ginie Page Vice President
Peter Flood Secretary
Carolyn Kennedy Treasurer

Directors
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David Clapp
Vianna Heath
Al Curtis
Gretchen Putonen

Newsletter
Editor ~ Ed Banks E-mail: capekingfisher@yahoo.com

Membership/Address Changes ~ Carolyn Kennedy E-mail: ccbcmembership@verizon.net
Please Note:
Heavy rain or snow cancels all trips. Call leader if in doubt.
Please check our website for any changes or additions.
Beginning birders are always welcome! Our trip leaders and members are delighted to meet new people and to share their knowledge and love of birding!

New Year Birds
Jan 1 – Tue – 12 (Noon) - Dusk
Get your 2008 Year List off to a great start! Meet in the Stop & Shop parking lot at Patriot Square on Route 134 in South Dennis. Take Exit 9A off Route 6. Left at the lights. We will bird many Mid-Cape spots and elsewhere if there is a target bird. Leader: Ed Banks (508) 430-0845 edbanks@verizon.net

Jan 11 – Fri – 8:45 AM - 3:00 PM
Cotuit, Marstons Mills, Osterville, W. Barnstable. Meet at Honey Dew Donuts on Route 28 near the Mashpee/Barnstable town line. We will carpool to various birding hotspots. Possible sightings may include Barrow’s Goldeneye, Eurasian Wigeon, Black-headed Gull, and Yellow-breasted Chat. Bring a lunch. Rain cancels. Leader: Mary Keleher, (508) 477-1473 or maryeak@yahoo.com.

Jan 14 – Mon – 8:30 AM
Wellfleet to P’Town Sweep. Let’s see what is out on the Cape’s waters this month. We will meet at the Wellfleet Town Pier to check for loons, alcids, winter ducks and maybe some special gull species. We will carpool to other coastal points and end up at Provincetown Harbor. We may continue through lunch.
Leader: Ginie Page (508) 349-6810

Jan 19 – Saturday – 8 AM
Sandwich (weather dependent). Meet at Mshop at 69 Tupper Road in Sandwich near the Stop/Shop, Aubuchon Hardware and Bobby Byrne’s Pub Plaza just off Rte 6A. We’ll check out location’s like the Sandwich Marina, Hemisphere’s (aka HORIZON’s), Town Neck Beach, Boardwalk and the Game Farm. Hopefully we’ll see some of the birds I’ve spotted there like an IMM. Razorbill, a male Northern Harrier, Golden-Crowned Kinglets, Bluebirds, Surf Scoters and other sea ducks, Gannets, Merlin and maybe other accidental or vagrants.
Leader: Phil Kyle (508) 495-0196

Jan 25 – Fri – 7:30 AM
Rhode Island – Meet at the Stop and Shop on Route 6A in Sandwich. Possible places to visit will include the East Providence Reservoir, Wach-mocket Cove, Ninigret Park, Ninigret NWR, Trustom Pond NWR, Moonstone Beach, Sachuest NWR and Beavertail Point. We’ll be guided by what’s been reported and how much open water exists prior to the trip. In 2007, we were guided by the big goose extravaganza. Who knows what species will be worth chasing! Although the focus of the trip will be winter waterfowl, we should see a great diversity of birds during the day. We’ll stop for lunch somewhere, depending on how the birding goes. Watch the weather reports and call/email to check on the status of the trip. Leader: Frank Caruso, (508) 477-9807 or fcaruso@umext.umass.edu.

Feb 5 – Tue – 9 AM – Noon
Winter Waterfowl Safari
We’ll check out the Vineyard Sound shoreline and several coastal ponds in Falmouth. Bring a scope if you have one. Meet at the CVS parking lot at the traffic light, intersection of Rte 28 and Davisville Road in East Falmouth. We will carpool from there to the best birding spots. Highlights could include Canvasback, Coot, Widgeon, Barrow’s Goldeneye.
Trip leaders: Priscilla Moor (508) 548-423 and Molly Cornell (508) 540-7652

Feb 10 – Sun – 8 AM – 2 PM
Outer Cape Run. We’ll check both “coasts” of the Outer Cape from Eastham to P’Town for loons, grebes winter ducks, alcids, as well as other winter surprises. Bring a lunch, and we can stop along the way. Dress warmly. Meet at the Cape Cod National Seashore Visitor Center parking lot in Eastham off of Rte. 6.
Leader: Matt Malin (508) 274-8472 or hossfeldt@yahoo.com.

Feb 23 – Sat – 8 AM – 12 PM
Mashpee nooks and crannies.
We’ll check out the shorelines of Mashpee for winter ducks along Waquoit Bay, South Cape Beach, and interior ponds nearby. Dress warmly. Meet at the Marshalls parking lot by Roche Brothers off Rt 28, two traffic lights west of the Mashpee rotary.
Leader: Matt Malin (508) 274-8472 or hossfeldt@yahoo.com.

Mar 18 – Tues – 6 PM
North Truro Woodcocks.
Meet at High Head Road just off Rte 6. First, we will check for any passerines in the brush and for waterfowl on East Harbor/Pilgrim Lake. If it is clear, there will be a nice moonrise and sunset before the woodcocks start their spring courtship flights. Dress warmly! Leader: Ginie Page (508) 349-6810

Mar 21 – Fri – 6:30 PM
Woodcock Walk. Crane Wildlife Management Area Falmouth. Meet in the parking area at the "end" of the dirt road off Route 151. Dirt road is located between ballfield and Nickolodeon Theater. As the full "worm" moon rises we'll watch for displaying woodcocks.
Rain cancels.
Leader: Mary Keleher (508) 477-1473 or maryeak@yahoo.com.

Mar 29 – Sat – 5:00 – 7:30 PM
Mid-Cape Woodcock Walk and the Rites of Spring at Long Pasture Audubon Sanctuary, Barnstable.
We’ll walk the sanctuary grounds and then wait for the “timberdoodles” to rise at dusk. Meet at the Sanctuary parking lot, take Rte 6A to Bone Hill Road. Leader: Matt Malin (508-274-8472) or hossfeldt@yahoo.com.
January 14, 2008
Stephanie Koch
“Bird Studies on Monomoy”

Stephanie is a native of Arlington, Mass. She received her bachelor’s degree from UMass Amherst and explored various fields of biology working for the National Park Service, the Canadian Wildlife Service and the US Fish and Wildlife Service. Since graduating from UMass she has combined her love of the coast with her interest in birds, focusing on the conservation of coastal waterbird species. For the last 13 years she has been working at the Monomoy National Wildlife Refuge on Cape Cod and in 2006 started a study on the impact of people on shorebirds in the refuge. Because the birds’ nesting season coincides with the recreational season of people there can be a significant impact. Her study examines the behavior of birds with the presence of humans. Stephanie hopes to incorporate her studies into creating additional guidelines for managing the refuge. She will give an overview of the refuge and its importance to shorebirds. She will discuss some of the research that is being conducted, and review preliminary results of the management implications on shorebirds at Monomoy National Wildlife Refuge. Don’t miss this wonderful program on one of the gems of Cape Cod - Monomoy!

February 11, 2008
Trevor Lloyd-Evans
“Are Our Birds Coming or Going - or Both?”

Trevor holds an undergraduate degree in Zoology from the University of Wales. He has taught field biology techniques and analysis, behavioral ecology, conservation biology, taxonomy and evolution to a wide range of students of all ages. He served as faculty for Manomet’s Field Biology Training Program in Massachusetts and Belize from 1986-97. Other positions include leadership and council for Nuttall Ornithological Club, Partners in Flight (State & NE Region), Massachusetts Avian Records Committee, North American (Bird) Banding Council, and the Association of Field Ornithologists. Trevor has dedicated a significant portion of his career to a 30-year study of bird populations based on the findings in his banding lab. He has a keen interest in migration, breeding, and non-breeding habitat selection which has led to cooperative work with the U.S. Fish & Wildlife Service and the state of Connecticut. Trevor has led research and education programs based on neotropical migrants and tropical ecology in Belize, Central America. He has had field experience in the U.S., Belize, British Isles, Canada, Ireland, Nigeria, Portugal and Spain. Manomet’s banding station was established in 1972 as a center for landbird research and education. It is one of the oldest landbird banding programs, tracking changes in populations and distributions in Southeastern Massachusetts. Join Trevor as he discusses his research and find out whether birds are coming or going - or both.

March 10, 2008
Sean Murphy
“Oystercatchers of the Cape and Islands”

After graduating from the Pennsylvania State University with a Bachelor’s of Science in Ecology, Sean contributed to a number of wildlife population analyses with the Pennsylvania Game Commission. He is currently working toward a Ph.D. in Biology under the advisement of Dr. Richard Veit at the City University of New York. His talk will detail the historic changes that occurred to the distribution of the American Oystercatcher along the Atlantic Coast and introduce a mark-resight project on the islands of Massachusetts that seeks to better understand the biology of this conspicuous shorebird. This includes the presentation of trapping and color banding techniques, preliminary viability analysis of the population, and records of where marked birds are ‘resighted’. The work being presented is part of Sean’s doctoral research.

American Oystercatcher
Photo by Richard Johnson
13th Annual Cape Cod Natural History Conference

Sponsored by Mass Audubon's Wellfleet Bay Wildlife Sanctuary and Cape Cod Community College's Environmental Technology Program

Date: Saturday, March 8, 2008
Time: 9:00 a.m. - 4:00 p.m.
Location: Cape Cod Community College West Barnstable, MA

A full day conference featuring presenters from environmental organizations across Cape Cod, speaking on a diversity of natural history topics.

Learn about local research projects, conservation efforts, and local environmental organizations.

For more information contact Wellfleet Bay Wildlife Sanctuary, 508-349-2615

A Note From the Editor

I would like to thank the many people who have sent in book reviews, photos and articles for our newsletter. Without your contributions we would not have the wonderful publication that you hold in your hand.

Now I appeal to those readers who have not yet sent in an interesting story or photo of birds (or birders) to submit them for future issues. Together we can work to make the CCBC Newsletter even better!

Ed Banks
Editor

Please e-mail me at: edbanks@verizon.net

Bird Sightings on Our Website

Bird Sightings will now be listed on our website instead of in the newsletter. This will allow for more up-to-date listings.

Go to our website at:
http://massbird.org/CCBC

Sightings can also be found at the Cape Cod Birds Listserv website:
http://groups.yahoo.com/group/capecodbirds/

New Members

We welcome the following new members:

Joel Berler, Pocasset
Alice Berry, E. Dennis
Ann & Bob DePatie, Chatham
Mark Faherty, Plymouth
Heather Fone, Centerville
Susan Ford, Yarmouth Port
Jo-Anna Ghadban, Sandwich
Barry Good, Hatchville
Jeanne Walsh Pierce, Wellfleet

Hope to see you at our Club walks and meetings!

Notes to Members

- All club walks are free and new birders are always welcome!

- A call or e-mail to the leader is appreciated, especially if inclement weather is predicted.

- Take a lunch on all-day field trips.

- Carry an extra set of keys in your pocket on trips.

- Check our website for added trips or changes.

- Inform the treasurer if you change your address or phone number

CCBC Merchandise
Available at all meetings

Birding Cape Cod $15.95
A where-to-bird "must" for any Cape Cod birder!

CCBC Cap 15.00
CCBC Knit Hat 15.00
CCBC Decal 1.00
CCBC Checklist .75
CCBC Patch 3.00
CCBC Pin 5.00
Bino/Camera Strap 12.50
Organizer Pack 17.00
When I arrived in my new hometown of Palo Alto, California this past spring, I was anxious to see some west coast birds and to begin my new position as Outreach Specialist at the San Francisco Bay Bird Observatory. The San Francisco Bay Bird Observatory is a non-profit organization dedicated to the conservation of birds and their habitats through science and outreach, and to contributing to informed resource management decisions in the San Francisco Bay Area. Founded in 1981, the Bird Observatory has produced more than 25 years of scientific information on local bird populations working with both government agencies and partner organizations. In my role as Outreach Specialist, I am responsible for all communications at the Observatory. I coordinate monthly walks, organization-wide events and compile and edit publications.

Through my position at the Bird Observatory, I have had the opportunity to work in some of the most important migratory bird habitat in San Francisco Bay. The Don Edwards San Francisco Bay National Wildlife Refuge is part spans the east and south end of the bay. This refuge consists of 30,000 acres of salt marsh, mud flat, open bay and salt pond habitat; home to millions of shorebirds and waterfowl during spring and fall migration. Upon my first visit to the refuge I could not believe my eyes, thousands of Northern Shovelers were engaged in circling-feeding frenzies, American Avocets and Black-necked Stilts called noisily to one another and Marbled Godwits formed cinnamon clouds in the sky. Peeps were everywhere, moving about in the mud like feathered mice.

The east and south bay have a unique history and landscape. One hundred and fifty years ago, vast areas of salt pond were constructed by diking sections of salt marsh from tidal action and extracting salt through the process of solar evaporation. When a large vein of silver ore was discovered in Nevada in 1859, large amounts of salt were in demand to fuel the purification process. Because of this, natural salt ponds were quickly exhausted and solar evaporation salt ponds were created. These salt ponds form a complex of over 26,000 acres in San Francisco Bay. On the surface, the salt ponds appear to be barren moonscapes, devoid of life. However, these salt ponds have significant value to wildlife. Located along the Pacific Flyway, the salt ponds have become significant foraging and roosting site for many species of birds.

The salt ponds of the south and east bay are home to the threatened Western Snowy Plover. In fact, there is no evidence of Western Snowy Plover in the bay prior to salt pond development. Hundreds of thousands of Western Sandpipers and waterfowl including Northern Shoveler, Greater and Lesser Scaup and Surf Scoter also utilize the salt ponds as migratory staging areas and winter roost sites.

While it is true that many species have utilized these ponds for over one hundred years, there are species that have suffered population declines due to lack of tidal marsh and increased urban sprawl. The Salt-marsh Harvest Mouse, an endemic species to San Francisco Bay and the California Clapper Rail are both critically endangered as their pickleweed dominant habitat declines. Because of the concerns regarding the conservation of tidal-marsh dependent species, and due to strong public support for restoration, a massive adaptive management effort has begun to restore some of these salt ponds back to tidal marsh over a period of several decades. This effort is called the South Bay Salt Pond Restoration Project and is the largest wetland restoration project of its kind on the West Coast.

The San Francisco Bay Bird Observatory has actively surveyed over 22 of the salt ponds in the east and south bay for the past 5 years. By tracking bird use and distribution in the salt ponds, the data that we have collected has been crucial to the development of this adaptive wetland restoration project.

Highlights:
Since I arrived in April, I have had the fortunate experience of participating in bird banding research at our Coyote Creek Field Station; I have been dive-bombed by 10,000 California gulls while conducting a nest survey; I was one of the first people to see a Brown Booby in the county (only the second record!) and I have retrieved oiled birds that fell victim to the recent Cosco Busan oil spill in San Francisco Bay. With several organizations working towards the ultimate goal of conserving birds and their wetland habitats, I see a bright future ahead for the birds of the San Francisco Bay. I look forward to being a part of it.

I highly recommend a visit to the beautiful south San Francisco Bay. Just think, when the vagrant juvenile Semipalmated Sandpipers make their annual appearance in early fall, identifying them will be a breeze. Hope to see you here soon.

Stephanie Ellis,
Palo Alto, CA
(Stephanie is a former Education and Outreach Director for the CCBC)

Cape Cod Birds Listserv for Cape Cod Area Bird Sightings & Discussions
CapeCodBirds is a new Internet Listserv for the discussion of all aspects of bird watching or information pertaining to birding on Cape Cod. Suggested topics are bird sightings, identification, status and distribution, birding locations, and announcements from birding organizations.
To read posts, go to the Cape Cod Bird's Listserv website: http://groups.yahoo.com/group/capecodbirds/
To post, send an email to: capecodbirds@yahoogroups.com
Where To Bird

Birding
Southern Florida

by Jack Palmer

It having been about twenty years since I last birded in Florida I planned a return using ‘The Great Florida Birding Trail’ (FloridaBirdingTrail.com) outline of hot spots, and armed myself with a “Golden Age Pass” (A $10 card that allows those at least 62 years old lifetime entrance to all 540 National Parks).

My U-shaped excursion started at Loxahatchee on the east coast and ended at “Ding” Darling on the Gulf coast (I reserved travel to the Keys for another trip). Some of the recommended places were worth less, but others spectacular. My resulting trip-list totaled 114 species. The following are a few selected high points.

• I’ll begin with the most unusual story. When I made my first stop at “Ding” Darling it was a Friday, a day when the Wildlife Drive is always closed. So I went to an other of their properties, the Bailey Tract, which is always open. It is a mixture of habitats so a birder can expect anything, and I found an “anything.” Mixed in with some Mottled Duck was a bird dark at both ends with a gray back. Scaup was my instant impression. But then it began to dabble (Scaup are, of course, divers). That behavior directed my attention to its bill which I found was pink with a black nail and a reddish carnuncle (a knob) on the other end!

Rather than keep a reader in suspense while I describe the identifying efforts I struggled though, I’ll just state my conclusion: it was a Rosy-billed Pouchard (Netta peposaca), a bird from Southern South America. Somewhere in this bird’s wanderings it had taken a very wrong turn.

• Reading an out-of-date source, I learned that Cape Coral (west of Ft. Myers) was a good place to find Burrowing Owls. When I arrived at the designated spot I found a very elegant, greatly built-up residential area. Only a few lots had not yet been built on, and talking to a local resident I learned that they were the most expensive, starting at $400 thousand each. It was on some of these gold-coast lots that I found the little 9´ tall owls. Conservationists had marked each burrow with four surrounding posts. Within this compound they had erected a low T-shaped structure as a watchtower for a lookout to perch on. There sat a vigilant watchowl, scanning for danger that most likely came in the form of immaculately groomed, pedigreed, pink-collar-wearing poodle predators. When I approached, the sentinel flew off about 10’, turned to face me and began to bob its head and bow to show its irritation. Local residents, however, interpret this as “cute behavior” and thus call the owls “Howdy Birds.” When a lot is sold, conservationists dig a tunnel on another lot and move the owls to this new venue.

• The Swallow-tailed Kites I’ve seen in the past have always been flying high overhead. Never giving how high they were, I simply assumed they were probably the size of a pigeon.

Learning this was wrong resulted in the best sighting of the trip. This kite is thought to return to the skies over Audubon’s Corkscrew Swamp on about February 17th each year. Thus, on my four visits to the swamp I always kept one eye focused up through the cypress branches into the sky - but saw only vultures. Audubon has now built a low observation tower over a field of willows, just outside the swamp. While standing on this platform doing repeated 360° scans through my binos, I finally spotted a kite coming toward me, at eye level. Several times it passed within 10 feet. What a surprise: the body is 2 feet long and the wings over 4 feet. It seldom flapped it wings; its tail rudded its constant turning maneuvers as it swept small snacks out of the air in its talons and passed the victims to its bill. The gracefulness and elegance of its flight was nothing like I had ever seen before; it was a truly emotional experience for me. Later, back on the boardwalk, I couldn’t help but bubble when I told everyone I came to what I had seen, even though most of them were tourists who had come mainly to see alligators and had no idea that the kite I was raving about was the bird kind! Too bad, for even the most uninitiated could not have remained unmoved!
**Birding by Computer**

Too cold to go birding this winter? Do it online! Enjoy learning more about your favorite birds, ones you saw on your last trip, or find out about the habits of species you would like to see. Members of the Cape Cod Bird Club have a special opportunity to subscribe to “The Birds of North America Online.” The Cornell Lab of Ornithology and The American Ornithologists’ Union have teamed up to provide a great website that is up-to-date and interactive. Subscribers can see images and video that vividly presents plumage details, behaviors, habitats, nests and eggs, recordings of each bird’s songs and calls, and much more. You can find in-depth information on more than 700 species.

Check out a demo at [http://birds.cornell.edu](http://birds.cornell.edu).

If you would like to subscribe, send a check for $25.00 made out to Cape Cod Bird Club along with the information below. You will receive, by email, a code number that will give you a one year subscription to the website. Happy birding!

**Birds of North America Online**
CCBC Members Subscription Enrollment Form

Name: ________________________________________ Phone: __________________

Mailing Address: ________________________________________________________

City, State, Zip Code: ____________________________________________________

Email address: __________________________________________________________

Mail to: Carolyn Kennedy, Treasurer, Cape Cod Bird Club, 96 Tonset Rd, Orleans, MA 02653.

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**Is it time you “checked” out eBird?**

What is eBird? A real-time, online checklist program, eBird has revolutionized the way that the birding community reports and accesses information about birds. Launched in 2002 by the Cornell Lab of Ornithology and National Audubon Society, eBird provides rich data sources for basic information on bird abundance and distribution.

For more information go to [www.ebird.org](http://www.ebird.org)

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**Breeding Bird Atlas 2 Review Meeting**

Come find out what breeding birds were recorded throughout Cape Cod during the first year of the Mass. Audubon Breeding Bird Atlas 2 Project.

Join Mass. Audubon Coordinator, Joan Walsh, and Cape Cod area Regional Coordinators, Mary Keleher, Blair Nikula, and Sharon Riley, for a review of the results from 2007. We will discuss practical techniques for observing birds, how to confirm their breeding, and how participants can record this information online.

This will be an informal question-and-answer meeting. Please come with questions you may have concerning the project. The meeting is for current volunteers as well as future volunteers. All are welcome to attend, ask questions, and find out how to participate in this important project.

**When:** Saturday, March 1, 2008  
**Time:** 2:00 – 4:00 PM

**Where:**  
Mass. Audubon’s  
Long Pasture Sanctuary  
345 Bone Hill Road  
Barnstable, MA 02637  
508-362-7475